

A “Typical” DAY IN THE VISTA TRANSITIONAL LIVING PROGRAM

At The Bridges at Warwick, there’s no such thing as a typical day – this is especially true in The Vista Transitional Living program for residents with early-stage memory loss. Each day, we find ways to ensure our residents never stop learning and growing! We offer a sample of all that awaits.

MORNING

Enjoy a healthy breakfast with friends in the dining room.

Take a walk with our Vista Transitional Living coordinator and join others in reviewing the day’s activities and events.

Participate in a Fox Rehabilitation™ Sit n’ Fit class.

Participate in an arts & crafts Make and Take! Take your completed project home and show it off!

MIDDAY

After a nutritious lunch, enjoy a group stroll and gear up for a busy afternoon.

Hop on the bus for a trip to the local nursery to select materials for our window gardens.

Pamper yourself with a haircut and style in our salon.

LATE AFTERNOON

Be involved in art – join in on our group mural project.

Get some fresh air and visit with friends and family on our front porch or back terrace.

Enjoy another delicious dining experience with friends at dinner.

EVENING

Recharge your brain with a “no pressure” trivia game!

Take time to share a bit about yourself with others.

Listen to some music to wind down in your comfortable apartment before heading to bed.

In The Vista Transitional Living program, there is never a shortage of fun, meaningful things to do. Every day is a celebration filled with opportunities to get involved, be creative, connect with new friends and family and to enjoy a greater sense of purpose and fulfillment. We invite you to be a part of the celebration!