

A “Typical” DAY IN THE VISTA

At The Bridges at Warwick, there’s no such thing as a typical day. This is especially true in The Vista, our secure memory care residence. Every team member working in The Vista has completed specialized training to best meet the leisure and personal care needs of each resident. Each day, we find ways to ensure The Vista residents lead purposeful and meaningful lives. We offer you a sample of all that awaits.

MORNING

Enjoy a healthy breakfast with friends in the dining room.

Participate in a Fox Rehabilitation™ Sit n’ Fit class.

Help sand wooden blocks to donate to a children’s charity.

MIDDAY

After a nutritious lunch (hold the dessert), enjoy a group stroll to prepare for a busy afternoon.

Hop on the bus for a trip to a local café to enjoy a sweet treat!

Pamper yourself with a haircut and style in our salon or relax in a soothing spa bath.

Recharge your brain with a “no pressure” Q & A session.

LATE AFTERNOON

Participate in an arts & crafts Make and Take! Take your completed project home and show it off.

Relax on the patio ... a team member is always nearby to ensure your safety and comfort.

Enjoy another delicious dining experience with family and friends!

EVENING

Join a relaxing group discussion designed to stir up positive memories.

Participate in an entertaining and interactive presentation. Family and friends are welcome!

Before heading to bed, enjoy a homemade treat made in The Vista kitchen.

Get some rest. Our team helps to ensure a peaceful night’s sleep.

In The Vista, there is never a shortage of meaningful, life-enriching activities. Every day is a celebration filled with opportunities to engage and connect with new friends and family and to enjoy a greater sense of purpose and fulfillment.